

The Margaret Eaton School

Physical Training
Demonstration

Central Y.M.C.A.
May Twenty-Fifth, 1927

Programme

PART I.

1. SWEDISH GYMNASTICS

2. WAND EXERCISES

3. ELEMENTARY CLASS FENCING

4. MARCHING TACTICS

5. SWEDISH REMEDIAL EXERCISES

6. CLUB SWINGING EXERCISES

7. APPARATUS WORK

INTERMISSION

Programme

PART II.

8. ENGLISH COUNTRY
AND MORRIS DANCES

LORD BYRON'S JIG

MAID IN THE MOON

CHELSEA REACH

QUEEN'S JIG

THE MAID OF THE MILL

LUMPS OF PLUM PUDDING

9. CHILDREN'S SINGING GAMES

10. CLOG DANCES

WOODEN SOLDIERS

CHARACTER CLOG

TURKEY IN THE STRAW

11. TROIKA (Russian Sleigh)

12. HUNGARIAN DANCE

GOD SAVE THE KING

The Margaret Eaton School

MARY G. HAMILTON
Director

Two-Year Normal Course in Physical Education

Opening at
Camp Tanamakoon, Algonquin Park
September 3rd, 1927

Continuing in Toronto, October 3rd

Special Classes for Children
and Adults in

PHYSICAL TRAINING
DANCING
CORRECTIVE GYMNASTICS
SWIMMING

For further information, apply to the School
415 Yonge St. Telephone Elgin 1735

The Margaret Eaton School

Demonstration
of
Physical Education

CENTRAL Y.M.C.A.
MAY TWENTY-SECOND, 1928

Programme

PART I

1. Swedish Gymnastics
2. Club Swinging Exercises
3. Marching Tactics
4. Swedish Remedial Exercises
5. Apparatus Work
6. Clog Dances
 - a. Dinah
 - b. Dawning
 - c. Varsity Drag
 - d. Shipping Clog
7. Danish Gymnastics

INTERMISSION

Programme

PART II

8. Games
9. English Country and Morris Dances
 - a. Epping Forest ✓
 - b. Nonesuch
 - c. The Boatman
 - d. Leap Frog
 - e. Flowers of Edinburgh
10. Pyramids
11. Chopin Waltz
12. Scarf Dance
13. Loves of Pierrot

GOD SAVE THE KING

Overture by
arr. by Miss
Mrs. Smith

The Margaret Eaton School

MARY G. HAMILTON
Director

Two-Year Normal Course in Physical Education

Opening at
Camp Tanamakoon, Algonquin Park
September 4th, 1928
Continuing in Toronto, October 3rd

Special Classes in
PHYSICAL TRAINING
DANCING
CORRECTIVE GYMNASTICS
SWIMMING

For further information, apply to the School
415 Yonge St. Telephone Elgin 1735

The Margaret Eaton School

Demonstration
of
Physical Education

VARSITY ARENA
MAY TWENTY-SIXTH, 1930

1411

2-2 sommersault

2-2 stick jump - Fresh Shanty.
- higher. Programme

2 & 2 - Camel.

Rocking horse

Carrousel

3 + 3 w. spring. PART I

over 5-5-7,

1. Swedish Gymnastics

2. Wand Exercises

3. Fundamental Gymnastics

4. Game

(Hit Pin Baseball)

5. Club Swinging Exercises

6. Pyramids and Tumbling

INTERMISSION

alt arm lg flg.

st easy arm flg.

st easy kn ld.

easy arm flg to stride

to alt T twist 4 cts

easy arm flg.

side up fore up kn ld.

jump

fold out + side

chest lift

winkle

kn st & roll up up

jump st kn.

easy arm flg (S)

F-BOT

easy arm flg

Hop arm for back

fore up side down

F-BOT.

123 - leap.

Programme

PART II

7. a. Junior Clog Dances

b. Senior Clog Dances

8. Apparatus Work

9. Folk Dances

a. Kanafaska

b. Hansel and Gretel

c. Raz, Dva, Tre

d. Oxdansen

10. The Coquette

11. Gypsy Festival

12. Play Day in Arcady

GOD SAVE THE KING

Brash & rock tone

Stein Song
Nursery rhymes

leg @ back off
ankle sup mt.
chin st.

Czechoslovakian

German

Russian turn slow out

Swedish turn soft
Back & then

in 1 side first
In four in 1 w 4 hops toe touch *slide*

The Margaret Eaton School

MARY G. HAMILTON

Li for - back ^{Director} Tbd few.
Arm fly - 4 up - 4 down

Two-Year Normal Course in Physical Education

Including Two Months' Training at Camp
Thorough, practical and scientific courses
in all branches of the work

*Ly - curtsy
Back ly. 2^{ds} leftg in + cl^{ts}
alt arms ly
f.g.*
Graduates holding positions as
Physical Directors, Swimming
Instructors, Camp Counsellors,
Athletic Coaches and
Medical Gymnasts

For further information apply to the School
415 YONGE STREET, TORONTO
Telephone Elgin 1735



The **Margaret Eaton School Digital Collection** is a not-for-profit resource created in 2014-2015 to assist scholars, researchers, educators, and students to discover the Margaret Eaton School archives housed in the Peter Turkstra Library at Redeemer University College. Copyright of the digital images is the property of Redeemer University College, Ancaster, Canada and the images may not be copied or emailed to multiple sites without the copyright holder's express written permission. However, users may print, download, or email digital images for individual non-commercial use. To learn more about this project or to search the digital collection, go to <http://libguides.redeemer.ca/mes>.